

2 ROUTES FOR 2023

65km & 117km

Start time 09.30am for both routes

**Start and finish at Kildare County Council offices,
Devoy Park, Naas W91 X77F**

The Tour of Kildare is being promoted by Naas Cycling Club under the auspices of Cycling Ireland and all entrants must adhere to the following guidelines from their Safety Code:

- Have a bicycle that is in good working order.
- Wear a hard shell cycling helmet.
- Act in a manner that takes account of their own safety and the safety of others
- No 'tri-bars' allowed at this event.
- Ensure their fitness level is appropriate to the route chosen.
- "Sign –on" required on the morning of the event.
- Follow all route signage and be aware that marshals are not empowered to stop traffic.

